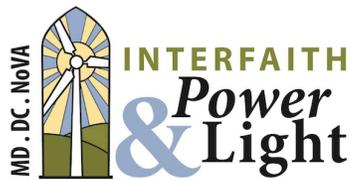


# Greening Your Coffee Hour

Thursday, February 27, 2014 at 7:30 PM



Hosted by Interfaith Power & Light (DC.MD.NoVA)  
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## Presenter Resources

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### Adina Rosenbaum, Tikkun Leil Shabbat -

1. ["Our Sponges Are Praying: How a Dish System Reflects Pluralism, Environmentalism, Egalitarianism, and Community at Tikkun Leil Shabbat in Washington DC"](#) by Rabbi Elie Kaunfer, in *Empowered Judaism*
2. ["Bal Tashchit: Summoning the Will Not to Waste,"](#) from Canfei Nesharim  
The commandment of Bal Tashchit-- do not destroy or waste-- has long been considered central to a Jewish environmental ethic. This guide explores what Bal Tashchit is and how it relates to our lives, focusing in particular on a special opportunity to observe Bal Tashchit in the area of food.
3. [Preserve brand reusable dishware](#)
4. Email [tikkunleilshabbat@yahoo.com](mailto:tikkunleilshabbat@yahoo.com) to ask for a copy of the spreadsheet used for dividing dishwashing responsibilities

### Pam Sparr, All Souls Church, Unitarian

1. [Equal Exchange](#), wholesale fair-trade coffee, and [Equal Exchange's Interfaith Program](#), a network of congregations living out their values through their coffee choices. All of their coffees are Fair Trade, but not all are also shade-grown and organic. Fair Trade organic cocoa and Fair Trade organic tea are also available.
2. To bring a coffee farmer to your congregation: [Farmer Partners](#), [Fair Trade Partners](#)

### Michele Lieban Levine, Congregation Beth El

1. [EnviRelation](#), DC compost hauler
2. [Gershman, Brickner, & Bratton](#), Solid Waste Management Consultants  
Harvey Gershman, a Beth El congregant and co-president of a waste management consulting company, engineered the dumpster dives, volunteered his time and materials to do so, and did the analysis.
3. [Certified by Montgomery County's Green Certification Program](#)
4. [Wholesale Compostable Flatware](#)

## Additional Resources

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1. ["Seven Simple Steps to Green Your Church"](#) by Rebekah Simon-Peter ([on our Speaker's Bureau](#))  
Includes a chapter called "Bread of Life: the Kitchen" that gives practical ways to make changes in your congregation concerning the kitchen.

### Using Reusables

1. ["Cultivating Community: One Thing"](#) by Kendra Juskus, from *Flourish* magazine

A few ways to make the switch from polystyrene/paper to reusable coffee mugs: a) bring your own mug/thermos b) keep reusables at church (provide cubbies/storage for congregants' mugs or provide church mugs) c) reusables for special occasions (a softer commitment, esp. if already using dishes that need to be washed)

2. "[What's Greener: Throwaway or Reusable?](#)", Sierra magazine, "Hey Mr. Green"  
Article suggests how to respond when people ask whether it's better to throw away than use electricity and water to wash (scientifically and biblically)--reusables are best
3. "[Ten Green Projects Any Parish Can Adopt](#)" by Elizabeth Perdomo  
Suggestions to cut out styrofoam (easiest to hardest): a) purchase non-styrofoam disposables b) put names on disposables so you don't have to use more than one c) "real" everything (teams from the teen youth group could take turns hand washing or filling the church dishwasher)
4. "[All About Dishwashers](#)" by Martin Holladay, GreenBuildingAdvisor.com  
An in-depth energy analysis on handwashing versus dishwashers and ceramic plates versus paper

### **Reducing Waste**

1. "[Cutting Down Plastic Waste at Church](#)" by Andy, *Flourish* magazine  
This guide is dedicated to helping you think through how your congregation can care for creation by reducing plastic waste.
2. "[Waste Wise: Waste Reduction for Congregations](#)," Georgia IPL  
This guide offers tips on sustainable waste management and reduction, and it includes a template for conducting your own Waste Audit to identify waste streams and to understand what and how much is being disposed in the congregation.

### **Switching to Fair-Trade**

1. [Fair Trade](#), Coop America  
Resources and information about the value of buying fair trade
2. [Fair Trade Judaica](#), a Jewish perspective on buying fair trade along with an online market for fair trade Judaica products

### **Purchasing Greener Food**

1. [Food Audit](#), Baltimore Food and Faith Project  
The Good Food Toolkit: A Food Sustainability and Justice Evaluation for Faith Communities includes a "food audit" that will help your faith community to assess what you are already doing to promote "good food" and identify the best areas for improvement, planning tools to help you develop an Action Plan for adopting more sustainable and just food policies and practices, and teaching tools and success stories to empower your faith community for sustainable food leadership.
2. [Ethical Eating, Food and Environmental Justice](#), Unitarian Universalist Association  
An Ethical Eating Study Guide and Ethical Eating Worship Resource Supplement to provide guidance on making more ethical food decisions
3. [Jewish Food Movement, Hazon](#)  
Tons of Jewish resources on greener food choices, including a Food Audit and Food Guide Toolkit